

The Romano Foundation.

Source : Social Study

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## **Bad Breath in Men**

“ Every time your boyfriend greets me I almost throw up in my mouth”

Over years bad breath is more common in men than in woman. Not only looking at the amount of times man would brush their teeth and use dental floss but also the visit to the dentist would be one of rare things on their priority list.

Halitosis( bad breath) is typically caused by poor dental hygiene, but also things like gum disease, tooth decay, respiratory tract infections, improper diet, constipation, smoking, fever, diabetes, foreign bacteria in the mouth, indigestion, liver and kidney malfunction, postnatal drip, stress and unfriendly bacteria in the colon.

Also toxin build up in the gastrointestinal tract, salivary gland disorders, bronchitis, sinusitis, dieting, and alcohol abuse can be a major link to the bad breath.

Females would more likely avoid an intimate kiss or very short kissing scene with the boyfriend and more likely find it embarrassing to talk about it or they don't mention it because they don't want to hurt the feelings of the boyfriend.

As you are reading this report you might not identify some of the underlying problems because you never have been told to change your diet and look at more frequent brushing of the teeth.

Mout washes are sometimes contrary not recommended but still use them at least 3 times per week and make sure to have the tongue brushed also.

Dental floss takes away all left over stuck foodparts and gargling is a major wash away from throat bacteria.

Supplementary probiotics and change of diet according to the bloodtype has helped both males and females clear up bad breath and have had much less respiratory infections and bad bacteria in the gut. Regular bowl comes along with proper dieting and keeping the dentist appointment does miracles.

At the end of the day understanding why your colleagues keep a distance from you, your girlfriend avoids kissing you, lady friends avoid a greet on the Friday night lime should finally be a wake up call to check out your bad breath.

For more information contact us at 622-7550 or 221-0687 or visit us at : [www.romanofoundation.com](http://www.romanofoundation.com) or mail us at [info@romanofoundation.com](mailto:info@romanofoundation.com) for help.

If you are a diabetic download a free program from our website.